

Patrick Yoerger L.Ac. LMT CMTPT
221 E.College St.
Suite 211
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(319)337-3313

Integrative Acupuncture, PLC

Acupuncture Treatment Disclosure Form

Patrick Yoerger L.Ac. graduated with a Master of Acupuncture degree from Northwestern Health Sciences University (NHSU) in Bloomington, Minnesota a 118 credit hour program typically completed in about three years. During his training at NHSU Patrick worked as an intern in several settings in the Minneapolis area including the University of Minnesota Medical Center, Pillsbury House Integrated Health Clinic, and the Edith Davis Teaching Clinic. Patrick has been practicing acupuncture and myofascial trigger point therapy at Eastwind Healing Center since 2014. Patrick is certified in the Clean Needle Technique (CNT), the National Certification Commission for Acupuncture and Oriental Medicine (NCCAOM), and Licensed by the Iowa Board of Medicine to practice Acupuncture. Patrick is an Associate Professional member of the National Association of Myofascial Trigger Point Therapists (NAMTPT). Patrick is certified in trigger point dry needling with Myopain Seminars (CMTPT). Patrick is a licensed massage therapist in the state of Iowa.

Acupuncture and Massage Fee Schedule:

If your insurance covers acupuncture please ask for a receipt which you can submit for reimbursement.

Acupuncture treatments- \$90

Acupuncture treatment with discount for senior citizens, students and veterans- \$75

30 minute medical massage- \$45

60 minute medical massage- \$75

30 minute medical massage with dry needling- \$60

60 minute medical massage with dry needling- \$90

Less than 24 hours notice cancelation fee- \$40

Please review the following information and sign on the reverse side of this page:

I understand that in the state of Iowa acupuncture is regulated and licensed by the Iowa Board of Medicine and that a license to practice acupuncture does not authorize a person to practice medicine and surgery in this state. The treatment and services of an acupuncturist are not to be regarded as diagnosis and treatment by a person licensed to practice medicine and must not be regarded as medical opinion or advice. Only pre-sterilized single use acupuncture needles are used by acupuncturists. Patrick Yoerger L.Ac. practices acupuncture in compliance with the statutes and rules adopted by the Iowa Board of Medicine. Patrick Yoerger L.Ac. has not had a license, certificate or registration in a health care occupation revoked in any local, state, or national health care agency.

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Acupuncture practice includes, but is not limited to using Oriental Medical theory to assess, diagnose and develop a plan to treat a patient in an attempt to improve overall body function and/or to relieve pain using treatment techniques that may include:

- Insertion of sterile single use acupuncture needles through the skin
- Acupuncture needle stimulation including, but not limited to, electric stimulation, moxibustion, and various needling techniques
- Trigger Point Dry Needling
- Gua Sha
- Cupping
- Tui Na
- Acupressure
- Shiatsu
- Application of herbal ointments and patches
- Dietary counseling based on traditional Chinese medical principals
- Breathing techniques or exercises based on traditional Chinese medical principals
- Stretching techniques based on traditional Chinese medical principals

I understand that there are possible side effects to my treatment that may include:

- Minor pain or soreness in the treatment area
- Transient bruising
- Needle sickness (dizziness, nausea, fainting)
- Sensations of heat, cold, tingling, numbness, or heaviness
- Skin irritation or slight bleeding at the needle sight
- Pneumothorax
- Generalized fatigue
- Feeling tired or drowsy
- Feeling strong emotions
- Minor burns

I **do / do not** (circle one) have a bleeding disorder

I **do / do not** (circle one) have a pacemaker

Patient Signature: _____ Today's date: ____/____/____

